

# Patrick Paul

and ASSOCIATES

## Chemical Dependency Counselor Certification and Recertification Training

Our goal is to provide opportunities  
for growth and personal  
development that facilitate self-  
empowerment of the individual.

### Philosophy

We believe that people can live  
a creative, spiritual, self-directed,  
well- balanced life.

We believe that people have the  
ability to make positive changes.

Patrick Paul & Associates

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[www.patrickpaulandassociates.com](http://www.patrickpaulandassociates.com)

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and ASSOCIATES

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Tucson, AZ 85746

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## The Spirit of Healing, Wellness, and Empowerment



Specializing in consultation  
and education for  
tribal organizations and  
institutions of higher education

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## Patrick Paul & Associates

specializes in the art of personal and professional holistic development for individuals affected by chemical addiction, trauma, and historical multigenerational trauma.

Our mission is to create within the communities "The Spirit of Healing, Wellness, and Empowerment." We offer professional behavioral health services that incorporate cognitive, affective, and experiential learning,



encouraging the participants to develop intellectually, creatively, emotionally, culturally, and spiritually – thus enhancing personal and professional development.

## Services

**Patrick Paul & Associates** offers a full range of consulting services, including development and provision of curricula for specific tribal behavioral health programs licensure and certification requirements. Training is available in many formats appropriate for the needs of individuals requiring certification and/or licensure. This includes on-site in one to five day units, regional workshops provided at tribal locations, and individual consultation for program development, either on-site or through distance education, for non-profit and tribal organizations and behavioral health programs and colleges.

## Curricula

Complete requirements for degrees at the Associate and Bachelor's levels for Addiction Counsellors.



Courses and curricula are approved by:

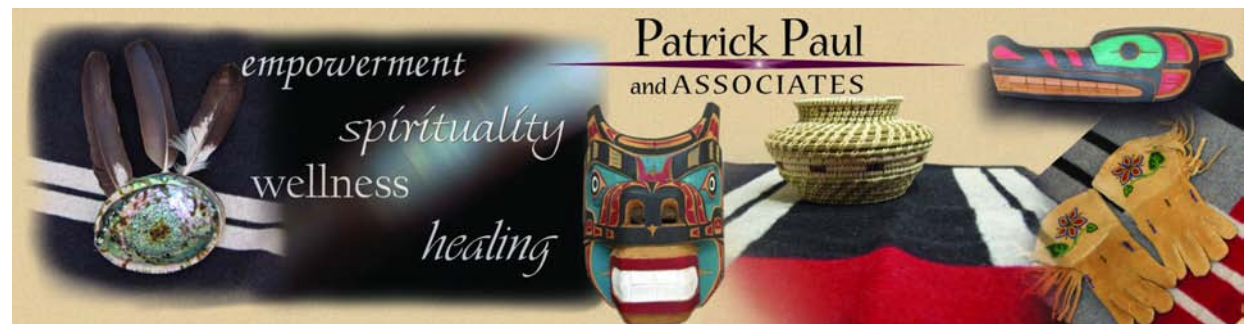
- NAADAC – the association for addiction professionals
- First Nations Wellness/Addictions Counsellor Certification Board
- Hey-way-noque Healing Circle for Addictions Counsellor Education
- Northwest Indian College

## Trauma and the Healing of the Mind

The first step on the path of the healing journey, ***Trauma and the Healing of the Mind*** is a DVD lecture presentation describing the alterations of the brain and nervous system due to trauma/traumatic stress. The presentation will discuss how unresolved trauma can result in behavioral change to individuals and groups of people affected by trauma, multi-generational trauma, and addiction.



30-minute DVD including  
15-page workbook and  
Wellness Plan: \$ 95



For more information about Patrick Paul & Associates, visit our website at [www.patrickpaulandassociates.com](http://www.patrickpaulandassociates.com)